

# Hope: An Advent/Christmas Journey

## *Small Group Lessons for Youth & Young Adults*

### **Plan ahead**

Advent in a box to take home or mail.

Each week they have an item to hold and ponder

- Claiming the light of joy! (votive)
- Charm cord ... Charms on a cord that they can keep to remind them of hope. (These charms are available in bulk on Amazon)  
2021, hope, peace, Christ, faith, joy
- Have an Advent Challenge wall (online – social media account, event) of how you followed up with the weekly challenge. Tell stories and encourage one another. Keep interaction going throughout Advent.
- Have sticky notes if in person
- Have prayer wall if in person

Every student/young adult read a chapter prior to interactive worship.

Meet 1 day a week for interactive worship.

Set-up: Advent wreath

*Each week if online: Have advent candle with its own camera slot.*

*Ask attendees to post prayer requests in chat*

*If in person:*

*Ask attendees to write requests on a sticky note*

Date	Title	Candle	Scripture
Nov. 29 (Advent 1)	Heaven on Earth	Hope	Isaiah 9:6

**Challenge: Pick 3 people to speak hope into their life. Tell someone something you see about them that brightens, encourages, inspires you and others. Encourage them however God calls you. Post how this changed your life or relationship doing this.**

### **Welcome**

Explain the charms and candle. The candle is for the Christmas Eve Service. Each week we will look to a charm to remind us of our journey in Hope. This week we start with the Hope Infinity Charm.

Let's prepare worship.

**Scripture** Isaiah 9:6

### **Prayer**

Dear God, as we light the Prophecy candle and are grateful for Jesus, give us knowledge to understand what you have spoken through the ages by your prophets and strength and hope to wait until it comes to pass. In Jesus' name, Amen!

### **Light the Candle**

Today we light our first candle. As we center let us be reminded of hope.

### **Sing - optional**

O Come O Come Emmanuel

**Message**

*Using the hope infinity symbol charm refer to the endless possibilities of hope from the past promise being revealed in the future. There is this start of something coming and we start to plan a celebration in anticipation of receiving good news. Our charm reminds us that hope is in the midst of all that is of God and the good news of life eternal.*

**Open:** Gender reveal celebrations have become a major highlight during the preparation time for expectant mothers, fathers, their loved ones. Creativity and innovation have become evident in the planning and execution of this monumental moment. Excitement builds as we await the good news.

**Draw from commentary:** Isaiah had a prophetic word for the people. The people were in exile and they needed a word of hope. This prophetic word that comes forth through Isaiah is an announcement that would alter the lives of people like never before. It gave the people hope. Hope that made the future something to look forward to experiencing. The interesting caveat to this was there was a wait. We all know that waiting is not easy. Was there hope to help them in the waiting? Was there hope in the middle of dismal circumstances? Was this hope fulfilled?

The hope came in the form of a child named Jesus. The Savior for the world. This Savior was the hope worth the wait. He was the fulfillment of God's promise. Jesus made it possible to experience heaven on earth. The coming of the Savior was the incarnation of God. The existence of God among humankind. The revealing of the prophecy was fulfilled.

What did this mean for the people of Israel? What does this mean for us? Isaiah the prophet tells us in Isaiah 9:6 that this child will be named Wonderful Counselor, Mighty God, Eternal Father, Prince of Peace. This was great news to the people of Israel, and it is great news to us today.

**Discussion:**

We turn to how you view hope today

- Icebreaker – What Winter activity do you most look forward to?

*Use pages 2&3 from Study Guide to ask questions.*

**Present Challenge and location**

**Prayer** (from prayer wall or requests)

**Blessing**

Go in hope remembering God's promises and his deliverance of everyone. Let us be a sign to others to encourage them in their journey.

Date	Title	Candle	Scripture
Dec. 6 (Advent 2)	Forgiveness & Grace	Faith	Micah 5:2; Isaiah 61:1-2

**Challenge:** Share your testimony (not your whole life) with someone. Tell them something in your life when you felt things were tough or when you had fallen away from God. Tell them how your faith led you back and how it made you feel. Post how this challenge renewed your hope. Or maybe you have to forgive someone. Ask God to help you to forgive someone. Let the spirit guide you in your next steps.

### Welcome

Refer to your faith charm as we begin worship today. Let us prepare our hearts for worship.

### Scripture

Micah 5:2; Isaiah 61:1-2

### Prayer

Dear God, our world seems to be in constant chaos with despair, hurt and pain caused by the brokenness of humanity. The constant threat of natural disasters from forest fires, hurricanes and earthquakes leave people on edge and unable to fully rebuild and dream of the possibilities of a better future. Pandemics and racism continue to cripple our land and people are trapped in the bondage of anxiety and fear. God, we look to you our liberator and savior to remind us of the good news of hope and freedom through you. Free us today and through your forgiveness and grace, give us hope. In Jesus' name, Amen!

### Light the Candle

We relight our candle of hope. Let our hope continue to spark. We light our second candle. One that centers us in faith. Let it shine with the warmth of God's forgiveness and grace.

### Message

*Using the Faith symbol charm. In our brokenness and our connection to sin, we don't realize that we can look to God and trust him. We think we have to stay where we are. We also watch the world around us falling apart and we think that there is no way that we can emerge back together. When we go to him and ask for forgiveness, he gives us grace. We are set free and made whole in faith. Just like the charm. When we live in faith, we are hope to others.*

**Open:** When God's people were exiled, utterly alone and facing economic uncertainty, Isaiah spoke words of hope. The Prophet Micah also foretold of a ruler in Israel whose origin is from remote times. The words of these prophets brought hope to a community that looked forward to better days. In today's times, their words still offer hope to a world filled with chaos. During Advent, as we wait for Jesus' birth, we celebrate the liberation, freedom and hope that He brings.

**Draw from Commentary:** The powerful prophetic words spoken by Isaiah to a people living on the edge of freedom and bondage being given an opportunity to be in right relationship with God again are words of hope to each of us today. These words are a reminder of God as the great liberator who is always available to free us to live a life of hope and peace. The words of liberation declared in Isaiah 61 and referenced by Jesus in Luke's gospel are still relevant today.

### Discussion

We turn to hope in faith today

- Icebreaker - What holiday food item do you always trust will be there?

*Use pages 5, 6 & 7 from Study Guide*

**Present Challenge**

**Prayer of Confession:**

*Silently ask the Lord to forgive your sins*

**Prayer**

*(from prayer wall or requests)*

**Blessing**

Go in the faith that you are forgiven and that through God there is hope in being whole in Him.

Date	Title	Candle	Scripture
Dec 13 (Advent 3)	New Life in Christ	Joy	Luke 2:8-11

**Challenge: Find 3 people. Ask them to share a time when they received good news or something that made them happy or joyful. OR Ask them to tell you their testimony! Post how hearing someone's story inspired you and what you noticed about them when they told the story.**

### Welcome

Refer to your joy charm. Let it center us and prepare us for worship.

### Scripture

Luke 2:8-11

### Prayer

Dear God, help me to be open and present to your glory and all that you want to announce in my life. At times I feel unworthy and wonder why you choose me, but I am grateful, and I surrender to your call and favor for my life. Let me be filled with joy as I look to the future and overcome the fear of what you have in store for me. In Jesus' name, Amen!

### Light the Candle

Tonight, we light our first candle remembering our hope on this journey. We reignite our second candle to remind us of our faith in God's forgiveness and grace in our life. We light our special candle to spark the great joy of the great news that we celebrate tonight.

### Message

*Using the joy charm. Good news comes in all different kinds of packages. Some are large, some small. Each have their own reason and meaning. Sometimes the smallest bring more than the largest. That night that good news was delivered, it came in the midst of desolation made from uncertainty, fear and sadness. It came in the biggest form in the middle of nowhere. But when it was all unwrapped, it was just a little baby. What this little baby would go to represent was so much larger than we could have ever imagined. It was Good News indeed. Look at your charm. Let it remind you of the smallest of Joy starts with the purest, most precious, unblemished beginning that stays alive even in moments that feel like desolation. Something still breaks through. That something is someone of hope, Jesus Christ. You are not alone and the story continues with you. Keep your joy knowing the Good News of a gift that keeps on giving and we still receive.*

**Open:** Amazon packages are all over the neighborhood. It feels like everyone's receiving gifts right now, yet none of them contain the ultimate gift. We are getting ready for the gift of Jesus; the gift that brings Good News, eternal life and ultimate joy.

**Draw from Commentary:** An angel suddenly appeared to the shepherds. The angel came out of nowhere. This illuminating site shined brightly among the shepherds. What kind of bright light was it? Was it a star that had fallen? It was the presence of the glory of God manifested in the company of the shepherds as an angel. A moment of uncertainty I am sure. The daily routine of the shepherds was interrupted by an angel. A visit from God.

Visits from God in the form of angels are often met with a myriad of reactions. The most common reactions are fear and curiosity. The question, "what is really happening here?" would be a common sentiment. The truth of the moment was that God was speaking and communicating directly with the shepherds. Have you ever had a moment when God paid you a visit? What happened in that moment?

Were you afraid like the shepherds? The fear in the shepherds is like the fear in us. It must be encountered, embraced and dealt with in order for the blessing of God to be received.

**Discussion**

We turn to hope in joy

- Icebreaker – What was the best news you ever received?

*Use pages 8, 9 from Study Guide*

**Present Challenge**

**Prayer**

*(from prayer wall or requests)*

*End with Prayer of Thanks*

**Blessing**

Go in joy knowing the Good News that a child was born to give you eternal life!

Date	Title	Candle	Scripture
Dec. 20 (Advent 4)	Emmanuel	Peace	Matthew 1:23

**Challenge: Take time to be in the Lord. Spend time in prayer. Look around you and look for sightings of God. Post on the board where you saw God and what you felt spending time with him.**

### **Welcome**

Refer to your peace charm which is a dove.

### **Scripture**

Matthew 1:23

### **Prayer**

Dear God, thank you for being at the beginning and the end of our journeys. It is comforting to know that we are always with you and that the promise of your presence is constant and consistent. Although life brings change and uncertainty, we rest in the promise of your presence. Today, remind us of your promise as we go about the business of living, and we pray that we do not become so busy that we forget about your presence and the importance of remaining grateful for your care. In Jesus' name, Amen!

### **Light the Candles**

We relight our candles of Hope, Faith and Joy. Remember our journey of Hope. Tonight, we light our 4<sup>th</sup> Candle of Peace. Let us take a moment to center ourselves in the Lord. Seeking His peace in our individual lives.

### **Message**

*Using the peace charm. See the dove and be reminded of Spirit. God never leaves us. He was with us in the beginning and will be there in the end of this journey. Whatever happens in between, he is always with us. That hope was realized the day He sent His son. In him we find our peace in him. A day would come when Jesus would leave this earth but he was sure to let his disciples know that he would always be with them in the end of age. In that we find our peace.*

**Open:** Hurricanes, Afghanistan, Portland and COVID-19 – even in a world of such chaos, uncertainty and division we have a God who is with us. Matthew doesn't tell us of a God who is coming, but of a Lord who IS with us here and now.

**Draw from Commentary:** Matthew's Gospel is chronologically first in the Protestant New Testament, but scholars do not believe it was the first Gospel to be written. It is thought that Mark's Gospel was written first, and Matthew and Luke referenced Mark's gospel, as well as other sources, to build and develop their texts.<sup>1</sup> One of the essential lessons from Matthew's gospel is not the order in which it was written alongside the other gospels in the Protestant New Testament but the structure in which it was written. The writer used a bookend approach by beginning with 1:23, "Look! A virgin will become pregnant and give birth to a son, and they will call him, Emmanuel." (Emmanuel means "God with us.") and ending with "Look, I myself will be with you every day until the end of this present age" (28:20b). It is a strategic way to reassure the reader and the community of faith that God is with us at the beginning and will be with us at the very end; whatever we experience in the middle of life will be okay because God is present.

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<sup>1</sup> Olu Brown. *Hope: An Advent Journey* (Knoxville: Market Square Books, 2020), 93-94.

### **Discussion**

We turn to hope in peace

- Icebreaker – What was the most memorable gift you received and why?

*Use pages 9, 10 in the Study Guide*

### **Present Challenge**

#### **Prayer**

*(start in silence)*

*Pray out loud (from prayer wall or requests)*

#### **Blessing**

Go in peace, knowing that through Emmanuel, God is with us.

Date	Title	Candle	Scripture
Dec. 24	Claim the Christ	Christ	Luke 2:14

**Challenge:** Notice things that have changed for you in this advent season and take time to share those moments of hope.

### Welcome

Prepare a hopeful gift of love words to be shared with each person. You will be given a name in a few moments. There will be a time in the service to do this. – *If in person, draw names. If online, have a facilitator prepare this and give names privately in the chat room. Each person will say out loud an encouraging word to their name they drew or to the person given by the facilitator. (Similar to passing the passing the peace after the message)*

Refer to your charm of the cross surrounded by the heart. We have journeyed in hope this advent. Tonight we center ourselves in the spirit of Christmas Eve. Let us take a moment to enter in a time of worship.

### Prayer

Dear God, on Christmas Eve, we celebrate the birth of our Savior and like the shepherds in the field who received the good news, we claim and receive Christ this Christmas. Thank you for the blessing of our Savior. In Jesus' name, Amen!

### Scripture

Luke 12:22-34

### Light the candles

Tonight, we reignite our hope, faith, joy and peace. We light our 5<sup>th</sup> candle: The Christ candle. Let us reclaim our hope in Christ and see that the old things have passed away, and all things are made new!

### Message

*Refer to your charm. "For unto us a child is born." God does not give us a far-off promise with a very distant future. Jesus, the child, comes to live amongst us and change our lives now! This is the time to claim our many gifts in Jesus and bring that Good News into the world. This Charm reminds us of the promise that was delivered from a Father who loved us so greatly that he sent his son for you. Let it remind you that the Lord chose you. We have hope in a new beginning in our lives through a faith that renews. What great joy we have and carry of the news of this new life. We find peace knowing that in the beginning and the end, we live eternally. It is the greatest journey of hope to see the promise and fulfillment of scripture. Let us claim Christ as our Savior and reclaim who we are in him.*

**Draw from Commentary:** Many faith communities light the Christ Candle on Christmas Eve and the atmosphere shifts from anticipation to fulfillment as Christmas morning is just hours away. "The Christ Candle represents the light that the Son brought into the world when he was born a little baby, God in the flesh. The fact that the Advent candles remain on Christmas Eve puts the focus on this special moment of birth, the moment of transition from prophecy to fulfillment."<sup>2</sup> The culmination of Advent is filled with joy because the promises and prophecy of God are coming to pass and we join the legacy of

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<sup>2</sup> G. Goebel. *What is the Christ Candle?* Anglican Compass. <https://anglicancompass.com/christ-candle/>. (2017, December 24). Accessed July 16, 2020.

those who waited on the words of Isaiah to become a reality and through Jesus, the prophecy was fulfilled. Rejoice all people because God's promises have come to pass, and it is good news for all the world. "The fulfillment of the promise and prophecy is not only for you, but for the world that awaits the coming Christ and their own fulfillment of God's promises and prophecies. Allow the light of Christ to guide you and to keep you and know that Christ will never leave you nor forsake you. The light and presence of Christ will be your Heaven on Earth, and although you may have lamented more than you would have liked to and found yourself crying more than praising, hold on in faith."<sup>3</sup> Claim Christ this Christmas and live in true joy.

### **Discussion**

What is most meaningful candle to you?  
Where do you see grace in the world today?  
How was this Advent season different to you?  
What did you do differently?

### **Sharing your gift**

Pass your words of hope and love to your person chosen.

### **Prayer**

Lord, let these candles represent the fire of hope and presence of Jesus in our lives. Let us take that fire of hope with us, protect it and never let nothing extinguish it!

### **Sing**

Silent Night *with "lights out" and our candles lit*

### **Blessing**

May the joy, faith, and peace of this journey be yours! And Enter the world taking your light of hope of Jesus Christ for all the world to see!

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<sup>3</sup> Olu Brown. *Hope: An Advent Journey* (Knoxville: Market Square Books, 2020), 114.

Date	Title	Candle	Scripture
Dec. 27	2021		Luke 12:22-34

**Challenge: Share your goals and dreams!**

### **Welcome**

Refer to you 2021 charm!

### **Sing**

TBD

### **Prayer**

Dear God, thank you for a joyous Advent and Christmas season, as we continue to celebrate the presence of our Savior. You gave us the greatest gift in the world, and we will live in the light of Christ forever. Although 2020 was a difficult year, we believe in faith that the promise of your presence is with us in 2021. In Jesus' name, Amen!

### **Scripture**

Luke 12:22-34

### **A Time of Sharing**

Share our joys of challenges we did! How were you changed? What did you discover?

### **Message**

*This moment is just what we have been waiting for; finally 2020 is over and we can begin to live in 2021! When we follow Jesus, fear and worry are replaced with faith and action. Let's make 2021 different, not because the chime of a clock, but because of Christians living the faith in a brand new way. We tend to spend so much time in fear and worry. 2020 was definitely a year of worry and fear. Look back on all of your charms and remember that in the advent season we had a renewed journey of hope. Draw from all you received in this journey. Use your charm of 2021 to remind you that even in moments of despair there is hope in the present as we look to the future. Make your plans and set new goals as we continue on this journey.*

**Draw from Commentary:** In Luke 12, Jesus offers several warnings that are still present and pressing in our lives today. Specifically, Jesus warned his followers about being consumed in fear and worry. Both of these recognizable emotional states can throw a person into despair and cause them to relinquish their rightful roles as God's favored and blessed people. Fear and worry are dangerous because they are contextual, and if left unchecked can consume one's life. Jesus' modern-day application to Luke 12 would read, "I know 2020 was an extremely difficult year, and although you have concerns about 2021, don't be afraid and don't worry. There is nothing in the New Year that you cannot face as long as I am with you." Luke 12 is a reminder of "Emmanuel" in Matthew 1:23 and a challenge for us to rest and not be afraid or to worry in God's presence.

### **Discussion**

Is there a fear in your life that you need to face?

Who could you call or text to relieve some of the fear in your life?

What is one step you could take to increase your positivity and reduce your negativity in 2021?

### **Prayer of Confession**

Lord, we sometimes get lost in our fear and doubt and lose sight of you. This causes our foot to stumble. We turn from you and other things which takes us into further despair. Forgive us and pick us up. Restore our hearts and reignite our hearts in hope. All that we may be a living testimony of the faith we have in you, the peace we rest in you and the joy we carry of you. We pray this in your precious son Jesus Christ. Amen.

### **A Time of Sharing**

What are your dreams and goals?

### **Blessing**

The Lord bless you and keep you. May he guide you on your journey and may his hope burn in you and around you as you take His light with you for all the world to see!

1. cord

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2. candle

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3. 2021 charm

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4. faith charm

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5. joy charm

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6. peace charm

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7. Christ charm

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8. joy link

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