



## SAFETY ALERT!

*A Conference employee slipped and fell on icy stairs during a recent freezing rain event.*

### Take your time!

- Make sure you hold onto the railing, if one is present. Often the railing is your last chance to save yourself from a fall.
- Wear slip-resistant shoes or boots, not shoes with smooth leather soles.
- Carry your own "kitty litter" in a water bottle to deal with "on the spot" ice. Kitty litters adds traction to stairs. It's also a good idea to sprinkle it before you step out of your car.



### STOP WINTER FALLS WALK LIKE A PENGUIN

- Knees Relaxed
- Toes Pointing Out
- Short Steps
- Slow And Deliberate
- Hands Free



- Walk like a penguin! Our penguin friends take wider steps, and use their arms to help them balance.

### Conference offices, local churches, Mission Central:

- Be vigilant about spreading ice melt, before, during, and after an ice/snow event.
  - As ice melts, cold temperatures will result in the ice refreezing, thus, it's never a "once and done" ice melt application.
- Place a bucket of ice melt near all entrances (with scoops) and encourage employees to spread the ice melt periodically during the day.



***Don't take the fall...be extremely cautious this winter!***