

Susquehanna Conference United Methodist Women's Annual Day 2021

Championing Mental Wellness

Saturday, November 6th, 2021

Fishing Creek Salem United Methodist Church,
402 Valley Road, Goldsboro, PA 17319

Scan QR code with your smart phone or go to
<https://susumc.org/susquehanna-conference-united-methodist-women/>

Please complete entire form. Additional copies may be made.
Each attendee *must* complete a form, whether online or paper



Registration Fee: \$20.00

Please send checks, made out to **SUS UMW**, along with your completed forms to

SUSUMW Annual Day c/o Beth Kostelnik, 307 N Turnpike RD, Dalton, PA 18414

(Your personal information will **NOT** be shared)

Full Name _____

Nick Name for Badge _____

Mailing Address: _____

Email Address _____

Home Number _____

Mobile Number _____

Home Church _____

Yes, you may text me.

District _____

Conference _____

Please check all that apply:

- | | | |
|--|---|--|
| <input type="checkbox"/> 1 st Time Attendee | <input type="checkbox"/> 5-Star Unit | <input type="checkbox"/> Mission Today |
| <input type="checkbox"/> Reading Program | <input type="checkbox"/> Current District Officer | <input type="checkbox"/> Current Conference Officer |
| <input type="checkbox"/> Church Women United | <input type="checkbox"/> Former District Officer | <input type="checkbox"/> Former Conference Officer |
| <input type="checkbox"/> Presenter | <input type="checkbox"/> Crew Member | <input type="checkbox"/> Technical Support/Audio Visual Crew |
| <input type="checkbox"/> Other (please specify) _____ | | |

Breakfast Options

Select One Pastry, One Fruit, and One Beverage

- | | | | |
|--------------------------------------|---------------------------------------|---------------------------------------|---------------------------------|
| <input type="checkbox"/> Fruit Pie | <input type="checkbox"/> Granola Bar | <input type="checkbox"/> Krimpets | <input type="checkbox"/> Danish |
| <input type="checkbox"/> Coffee Cake | <input type="checkbox"/> Apple | <input type="checkbox"/> Banana | <input type="checkbox"/> Orange |
| <input type="checkbox"/> Fruit Cup | <input type="checkbox"/> Coffee | <input type="checkbox"/> Decaf Coffee | <input type="checkbox"/> Tea |
| <input type="checkbox"/> Decaf Tea | <input type="checkbox"/> Orange Juice | <input type="checkbox"/> Milk | <input type="checkbox"/> Water |

Morning Workshop Choices (Please indicate 1st & 2nd Choices by using #1 and #2)

- ____ Happy Life, Healthy Mind – Sharon Engdahl, Executive Director AMWA
- ____ Mental Health & Anxiety in Children – Hillary Moratta, M.Ed., AMWAA Board, MHFA Instructor
- ____ Mental Health & Older Adults – Pastor Susan Snyder
- ____ Art Therapy – Joshua York Foundation
- ____ Mental Health, Disability, & the Church – Rev. Rebecca Holland, Author

Susquehanna Conference 2021 Annual Day Registration Form (Continued)

Lunch Options	Select Bread, Sandwich filling, Side Dish, Snack & Beverage		
<input type="checkbox"/> White	<input type="checkbox"/> Wheat	<input type="checkbox"/> Rye	<input type="checkbox"/> Wrap
<input type="checkbox"/> Ham	<input type="checkbox"/> Turkey	<input type="checkbox"/> Ham Salad	<input type="checkbox"/> Tuna Salad
<input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Beef		
<input type="checkbox"/> Potato Salad	<input type="checkbox"/> Macaroni Salad		
<input type="checkbox"/> Potato Chips	<input type="checkbox"/> Pretzels	<input type="checkbox"/> Popcorn	<input type="checkbox"/> Nacho Chips
<input type="checkbox"/> Corn Chips	<input type="checkbox"/> Other: _____		

Afternoon Workshop Choices (Please indicate 1st & 2nd Choices by using #1 and #2)

____ Happy Life, Healthy Mind – Sharon Engdahl, Executive Director AMWA

____ “Introduction to Mental Health First Aid” – Hillary Moratta, M.Ed., AMWAA Board, MHFA Instructor

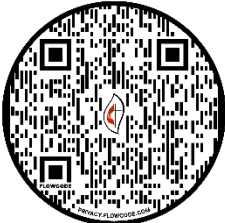
____ Mental Health & Caregivers – Pastor Susan Snyder

____ Mental Health & LGBTQ+ Youth – Bill York, Joshua York Foundation

____ Mental Health & Spiritual Journaling – Rev. Rebecca Holland, Author

Comments: This section is for any other information we need to know including

- Physical and Dietary requirements
- Names & Ages of any children who require childcare
- Anything else you would like to share



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Please complete entire form. Additional copies may be made.
Each attendee *must* complete a form, whether online or paper,
Registrations and/or checks must be postmarked by October 10th 2021.
*(If you are mailing items after October 1st, please call
Beth Kostelnik to advise her that your items are in the mail).*

Registration Fee: \$20.00
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If you have any questions about this form or 2021 Annual Day, please contact
Susquehanna Conference UMW Vice President, Beth Kostelnik via text or phone at (484) 333-6602

or email at elizabethkostelnik@yahoo.com