



# When Life is Like a Labyrinth

*Presenter: Beth Knight, MAPC, Spiritual Director/Pastoral Counselor*

Thursday January 14 (9 am – 2:30 pm)

Online via Zoom

- ❖ **Explore with us what it might be like to set the intention of your life being like a labyrinth.**
- ❖ **Through the labyrinth contours, journey with us as a pilgrim and draw nearer to God.**
- ❖ **Share in an imaginary process of naming and honoring Spirit’s movements in your life.**
- ❖ **Center your life in prayer with other folks who are intentional about quiet prayer and sacred time together.**

Walking labyrinths is an ancient prayer and meditation practice. For Christians, the posture of giving oneself prayerfully to a labyrinth walk invites and evokes closeness to the Holy in a full body experience. Often entering a labyrinth replicates being on a pilgrimage. In fact, labyrinths were built inside churches, or on church properties, for such a purpose: to offer a mini-pilgrimage experience when one could not avail them self to travel or go on an extended pilgrimage. But what if someone does not have access to a prayer labyrinth... perhaps they them self might be the labyrinth?

Register online at [www.centerformation.org](http://www.centerformation.org) or below, and mail to The Center For Spiritual Formation, 333 S. Spring Garden Street, Carlisle 17013. Cost: \$35, 0.5 CEUs offered. You are considered registered when your fee is paid.

Questions? [centerformation1@gmail.com](mailto:centerformation1@gmail.com) or 717-249-1512, ext. 1006

When Life is Like a Labyrinth    Thursday, January 14, 9 am – 2:30 pm    \$35 /.5 CEU’s  
 Registratation deadline: January 7, 2021    (Minimum of 4, maximum of 12)

Name: \_\_\_\_\_

Address: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home church/district \_\_\_\_\_

e-mail: \_\_\_\_\_

Phone \_\_\_\_\_ Text capability? yes no

The Center is affiliated with the Susquehanna Conference of the United Methodist Church, 303 Mulberry Drive, Mechanicsburg, PA 17055

**PASTOR'S SABBATH**  
**A Time of Renewal for Pastors and CLM's**  
**NOW ONLINE VIA ZOOM (on-site to be determined)**



The Center for Spiritual Formation offers a series of Sabbath Retreats, designed for clergy and CLMs who are serving churches. Due to COVID-19, we are meeting via Zoom\* beginning at 9 AM and conclude around 4:30 PM. Come for each Sabbath or select a few. 0.5 CEU's per session. COST is \$25 per session.

*Tuesday, March 2 with Laura Kincaid (Topic: Ministry and the Enneagram)*

*Tuesday, April 13 with Debi Decker*

*Tuesday, May 11 with Jan Hughes*

*Tuesday, June 15 with Ron Swift (location to be determined)*

*Tuesday, October 12 with Debi Decker (location to be determined)*

*Tuesday November 9 with Pat Woolever (location to be determined)*

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**Sabbath Renewal** \$25 – 0.5 CEUs per session

**Registering for sessions (dates)** \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home church/district \_\_\_\_\_

e-mail: \_\_\_\_\_

Phone \_\_\_\_\_ Text capability?  yes  no

\*You will receive a Zoom link by email a few days before the event. Please make sure our email is in your address book to avoid having the Zoom link go to spam.

Return to The Center For Spiritual Formation, Inc., 333 S. Spring Garden St, Carlisle, 17013 or **Register Online:** [www.centerformation.org](http://www.centerformation.org)  
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