

THE CENTER FOR SPIRITUAL FORMATION IS MOVING.

EFFECTIVE SEPTEMBER 8, 2020, OUR ADDRESS WILL BE:

333 S. SPRING GARDEN STREET

CARLISLE, PA 17013

717-249-1512 X 1006

Email remains the same: centerformation1@gmail.com

Website: centerformation.org

PASTOR'S SABBATH
A Time of Renewal for Pastors and CLM's
NOW ONLINE VIA ZOOM



The Center for Spiritual Formation offers a series of Sabbath Retreats, designed for clergy and CLMs who are serving churches. Due to COVID-19, we are meeting via Zoom beginning at 9 AM. Come for each Sabbath or select a few. 0.5 CEU's per session. COST is \$25 per session.

Tuesday, October 13 with Debi Decker

Our focus for the October Pastors' Sabbath is going to be various types of body prayer with the afternoon retreat time focusing on a *Walking Meditation* following guidance created by Jonathon Stalls of "Intrinsic Paths".

Tuesday November 10 with Susan Stewart

"Living abundantly": Jesus tells his disciples that
 "I came that they may have life and have it abundantly."

What does it mean for us to live abundantly in these crazy times?

~~~~~  
**Sabbath Renewal** \$25 – .5 CEU per session

**Name:** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Address:** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Sessions:** \_\_\_\_\_

Return to The Center For Spiritual Formation, Inc., 333 S. Spring Gardent St, Carlisle, 17013 or  
**Register Online:** [www.centerformation.org](http://www.centerformation.org) Questions? [centerformation1@gmail.com](mailto:centerformation1@gmail.com)  
 or 717-249-1512.

The Center is affiliated with the Susquehanna Conference of the United Methodist Church, 303 Mulberry Drive, Mechanicsburg, PA 17055