





**A TIME OF SABBATH RENEWAL  
For Pastors and CLM's**



The Center for Spiritual Formation is offering a series of Sabbath Retreats, designed especially for clergy and CLMs who are serving churches. We gather at Orchard Hill in Millerstown at 9 a.m. for worship and a time of exploring the Word together, as partners on the journey with Jesus. Following lunch, a guided activity will be offered in which you may participate. Or, you may use the afternoon for hiking our trails, walking the Labyrinth, or taking a much-needed nap! We regather at 3:30 for sharing and communion before leaving at 4:30. Come for each Sabbath or select a few. 0.5 CEU's per session. COST is \$25 per session. *Bring a bag lunch!*

**SAVE THE DATES! TOPICS WILL FOLLOW!**

*Tuesday, March 19, Kathy Harvey Nelson*

*Tuesday, April 9, Debbie Heisley-Cato*

*Tuesday, May 14, Dennis Keller*

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**Sabbath Renewal**

\$25 – .5 CEU per session

**Name:** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Address:** \_\_\_\_\_ **E-mail** \_\_\_\_\_

**Sessions:** \_\_\_\_\_

Return to The Center For Spiritual Formation, Inc., 45 S. West St, Carlisle, 17013 or register online: [www.centerformation.org](http://www.centerformation.org) Questions? [centerformation1@gmail.com](mailto:centerformation1@gmail.com) or 717-249-1512 x249.



# Journey Through the Seasons

An Outdoor Experience with Beth Jones



**Thursday, April 4, 6:30pm - Saturday, April 6, 4:00pm**  
**Orchard Hill, Millerstown, PA**  
**Cost includes meals, lodging, and materials**

*However and wherever we encounter the outdoors, we can discover a journey back to the ancient pathways of faith, a re-discovery of healing, hope, creativity and courage – of union between Creator and creation in simple, humble, joyful places. We invite you to encounter God's guidance through the seasons of life and nature to release fears and burdens, receive silence, renew our joyful creativity and respond to God's leading. (Registration Deadline March 27<sup>th</sup> (8 Participants Required)*

Journey Through the Seasons \$150/2ceu

Name: \_\_\_\_\_ Phone: [ ] \_\_\_\_\_

Address: \_\_\_\_\_ email \_\_\_\_\_

Register online at [www.centerformation.org](http://www.centerformation.org) or

Send registration & check payable to:

The Center For Spiritual Formation  
45 S. West St., Carlisle, PA 17013  
717-249-1512 x249  
[CenterFormation1@gmail.com](mailto:CenterFormation1@gmail.com)

Centered on Jesus,  
Focused on grace & spiritual growth

# The Ministry of Spiritual Direction

**The Center For Spiritual Formation, Inc., 45 South West Street, Carlisle, PA, 17013**  
Affiliated with the Susquehanna Conference of the United Methodist Church, 303 Mulberry Drive, Mechanicsburg, PA 17050



## THE MINISTRY OF SPIRITUAL DIRECTION

TEL: 717-249-1512 x249 email: [formation1@embarqmail.com](mailto:formation1@embarqmail.com) Website: [www.centerformation.org](http://www.centerformation.org)

The Ministry of Spiritual Direction program is a two-year training course which assists laity and clergy to sharpen their listening skills, clarify their graces, and acquire the disciplines essential to caring for souls in love.

**YEAR ONE** focuses on the history, traditions & models, Biblical roots & theological foundations of Spiritual Direction. It stresses the difference between psychological counseling and Spiritual Direction, and demonstrates a contemplative approach to God.

**YEAR TWO** focuses on the actual practice of Spiritual Direction: developing listening & assessment skills; becoming familiar with displacement and projection, transference & counter-transference; acquiring a working knowledge of the life-stages of faith development; cultivating an increased awareness of the power of prayer & healing; and learning the importance of supervision.

### ***The Ministry of Spiritual Direction will:***

- ❖ Provide basic instruction in sensitivity toward, & insight into the workings of the Holy Spirit;
- ❖ Advocate the need for a greater connectedness between the inner life of the Spirit and the outer life of faithfulness to the Spirit's direction;
- ❖ Facilitate a deepening prayer life & a greater contentment with silence & solitude;
- ❖ *Equip trainees to deal with strong emotions, and maintain relationships over time;*
- ❖ Require trainees to undergo Spiritual Direction & aid them in accepting personal weaknesses as the basis for compassion.

**Visit the Center's website for times & dates—keyword "Spiritual Direction."**