

INSERVCO INSURANCE SERVICES, INC.

Workers' Compensation Program: Designated Health Care Providers

NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

If you suffer a work-related injury, immediately report the injury to your supervisor. Failure to do so may delay your benefits or may cause you to lose your rights to benefits. For necessary medical treatment and supplies to be paid by your employer:

- All treatment must be obtained from one of the healthcare providers listed below.
- You must continue to visit one of the healthcare providers listed below if you need treatment for 90 days from the date of your first visit. If one of the providers listed below refers you to another licensed specialist, those services will be paid.
- After this 90-day period, if you still need treatment, you may go to another healthcare provider for treatment as long as you notify your claims adjuster within five (5) days of your visit to a new provider.
- If a listed physician prescribes invasive surgery, you have the right to obtain a second opinion from a physician of your choice. If a second opinion differs from that of the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a detailed treatment plan. If you choose the treatment prescribed in the second opinion, you must receive the treatment from a listed provider for a period of 90 days after the date of your visit to the provider of the second opinion.

If you are faced with a medical emergency, you may secure initial emergency treatment from any emergency facility. However, when the emergency is resolved, follow-up treatment must be obtained from one of the following healthcare providers. If you choose to treat with an out-of-state provider, you may be subject to balance billing.

NAME OF PROVIDER	STREET	CITY, STATE, ZIP	PHONE	SPECIALTY
Pinecroft Medical Center	417 Sabbath Rest Road, Ste. 3	Altoona, PA 16601	814.940.8195	Family Practice
Southern Cove Medical Assoc.	1890 North Juniata Street	Hollidaysburg, PA 16648	814.693.7822	Family Practice
Kornel Lukacs, MD	312 Union Avenue	Altoona, PA 16602	814.944.3347	Neurology
Nason Occupational Health	105 Nason Drive	Roaring Spring, PA 16673	814.224.6266	Occ. Medicine
Company Health Care	175 Hospital Drive	Tyrone, PA 16686	814.684.6388	Occ. Medicine
Laurel Eye Clinic	176 Vision Drive	Duncansville, PA 16635	814.949.8808	Ophthalmology
Altoona Ophthalmology Associates	600 E. Pleasant Valley Blvd.	Altoona, PA 16602	814.946.0821	Ophthalmology
University Orthopedics Center	3000 Fairway Dr.	Altoona, PA 16602	814.231.2101	Orthopedics
University Orthopedics Center	1 Hospital Drive	Tyrone, PA 16686	814.231.2101	Orthopedics
UPMC Altoona Elite Orthopaedics	800 S. Logan Blvd., Ste. 2200	Hollidaysburg, PA 16648	814.889.3600	Orthopedics
University Orthopedics Center	121 June Dr.	Roaring Spring, PA 16673	814.231.2101	Orthopedics
Drayer Physical Therapy	506 Marwalt Lane	Roaring Spring, PA 16673	866.446.2848	Physical Therapy
Phoenix Rehab. & Health Services	2032 E. Pleasant Valley Blvd., Ste. 3	Altoona, PA 16602	866.446.2848	Physical Therapy
UPMC Centers for Rehab Services	1516 Ninth Avenue	Altoona, PA 16602	866.446.2848	Physical Therapy
MedExpress	300 East Plank Road	Altoona, PA 16602	814.946.3801	Urgent Care
Altoona Chiropractic Life Ctr.	1405 E. Walton Ave.	Altoona, PA 16602	866.446.2848	Chiropractic

FOR PRESCRIPTION MEDICATIONS AND DURABLE MEDICAL EQUIPMENT OR TO SCHEDULE PHYSICAL THERAPY, CHIROPRACTIC AND DIAGNOSTIC IMAGING APPOINTMENTS, AND LOCATIONS CLOSE TO YOU, PLEASE CALL KEYSERSCRIPTS AT 1.866.446.2848.

All of your healthcare provider bills and reports need to be sent to the following address for review and payment in accordance with the Pennsylvania Workers' Compensation Act:

Inservco Insurance Services, Inc. P.O. Box 3899, Harrisburg, PA 17105-3899
 Phone: 1.800.356.0438 - Fax: 1.866.356.0438