

INSERVCO INSURANCE SERVICES, INC.

Workers' Compensation Program: Designated Health Care Providers

NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

If you suffer a work-related injury, immediately report the injury to your supervisor. Failure to do so may delay your benefits or may cause you to lose your rights to benefits. For necessary medical treatment and supplies to be paid by your employer:

- All treatment must be obtained from one of the healthcare providers listed below.
- You must continue to visit one of the healthcare providers listed below if you need treatment for 90 days from the date of your first visit. If one of the providers listed below refers you to another licensed specialist, those services will be paid.
- After this 90-day period, if you still need treatment, you may go to another healthcare provider for treatment as long as you notify your claims adjuster within five (5) days of your visit to a new provider.
- If a listed physician prescribes invasive surgery, you have the right to obtain a second opinion from a physician of your choice. If a second opinion differs from that of the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a detailed treatment plan. If you choose the treatment prescribed in the second opinion, you must receive the treatment from a listed provider for a period of 90 days after the date of your visit to the provider of the second opinion.

If you are faced with a medical emergency, you may secure initial emergency treatment from any emergency facility. However, when the emergency is resolved, follow-up treatment must be obtained from one of the following healthcare providers. If you choose to treat with an out-of-state provider, you may be subject to balance billing.

NAME OF PROVIDER	STREET	CITY, STATE, ZIP	PHONE	SPECIALTY
Southern Cove Medical Assoc.	2230 Woodbury Pike	Loysburg, PA 16659	814.766.3485	Family Practice
Henry Shoenthal, MD	4186 Cortland Dr.	New Paris, PA 15554	814.839.4108	Family Practice
Hyndman Area Health Center	104 Railroad Street	Bedford, PA 15522	814.263.5804	Internal Medicine
Hyndman Area Health Center	144 Fifth Avenue	Hyndman, PA 15545	814.842.3206	Internal Medicine
Robert Parnes, MD	311 Hospital Drive	Everett, PA 15537	301.671.2400	Ophthalmology
UPMC Bedford Orthopedics	249 Hospital Drive	Everett, PA 15537	814.623.1166	Orthopedics
University Orthopedics Center	121 June Dr.	Roaring Spring, PA 16673	814.231.2101	Orthopedics
University Orthopedics Center	125 Willow Grove Drive	Everett, PA 15337	814.231.2101	Orthopedics
Drayer Physical Therapy	9613 Lincoln Highway, Ste. 107	Bedford, PA 15522	866.446.2848	Physical Therapy
UPMC Centers for Rehab Services	10455 Lincoln Highway	Everett, PA 15537	866.446.2848	Physical Therapy
Altoona Chiropractic Life Ctr.	1405 E. Walton Ave.	Altoona, PA 16602	866.446.2848	Chiropractic

FOR PRESCRIPTION MEDICATIONS AND DURABLE MEDICAL EQUIPMENT OR TO SCHEDULE PHYSICAL THERAPY, CHIROPRACTIC AND DIAGNOSTIC IMAGING APPOINTMENTS, AND LOCATIONS CLOSE TO YOU, PLEASE CALL KEYSERSCRIPTS AT 1.866.446.2848.

All of your healthcare provider bills and reports need to be sent to the following address for review and payment in accordance with the Pennsylvania Workers' Compensation Act:

Inservco Insurance Services, Inc. P.O. Box 3899, Harrisburg, PA 17105-3899
 Phone: 1.800.356.0438 - Fax: 1.866.356.0438